

Week 2 Menu (College hubs)



independents
by *sodexo*

Monday	Tuesday	Wednesday	Thursday
Plant Powered Main			
HELs BURGER BAR	Battered sweet and sour vegetables with rice naan bread	Homemade vegetarian Quiche with potatoes and vegetables	Quorn dippers with sautéed peppers and onions
Main			
A selection of beef, chicken, and plant-based burgers, served with chips onion rings cheese sauce/relish and corn on the cob	Chicken tandoori rice naan bread and curry sauce	Roast loin of pork, with fluffy crisp roast potatoes seasonal vegetables sage and onion stuffing and gravy, apple sauce	MSC fishfingers homemade chips peas baked beans and parsley sauce
Jacket Potato & Pasta bar			
Sandwiches Choose from White or Brown Breadcrumbs or sliced Bread Ham, Egg Mayonnaise, Tuna or Cheese Add salad if you would like			
Salad bar protein, Ham, Cheese, Egg Mayo, Boiled Egg, Tuna Mayo or Chicken Mayo Add Mixed Leaf Salad, Tomato, Cucumber, Peppers, Onions, Sweetcorn, Beetroot, Coleslaw, Celery, Guest Salad			
Dessert			
Chocolate cookies	Lemon drizzle muffin	Scone with jam and cream	Chocolate flapjack
Whole Fruit, Apple, Orange, Pear or Banana	Fresh Cut Fruit Salad, Apple, Orange, Pear or Banana	Whole Fruit, Apple, Orange, Pear or Banana	Fresh Cut Fruit, Apple, Orange, Pear or Banana
Yogurt/crisps	Yogurt/crisps	Yoghurt/crisps	Yogurt/crisps